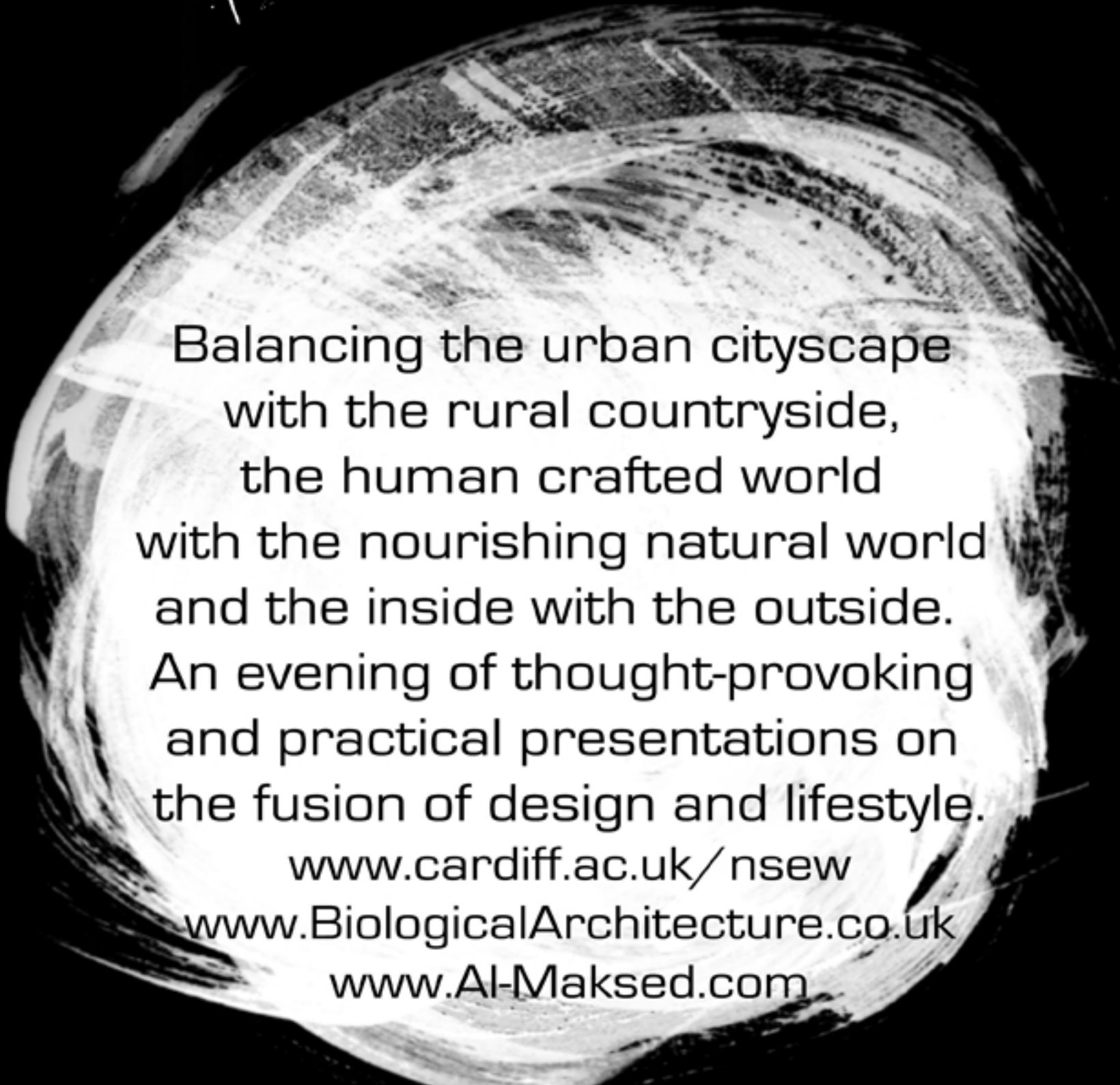




# INSIDE OUT OUTSIDE IN



Balancing the urban cityscape  
with the rural countryside,  
the human crafted world  
with the nourishing natural world  
and the inside with the outside.  
An evening of thought-provoking  
and practical presentations on  
the fusion of design and lifestyle.

[www.cardiff.ac.uk/nsew](http://www.cardiff.ac.uk/nsew)

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Prof. Phil Jones - Event Opening Speech

Prof. Richard Weston - Rocks, Frocks and the Implicate Order of Nature

Dr. Gehan Nagy - Healing Spaces

Christopher Day - Places for the Soul